

# The ARC Newsletter

*A monthly newsletter put out by the Anti-Racism Committee.*

## Happy Women's History Month!

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## Beverly Greene: Researcher and Advocate of Intersectionality and Multiculturalism

by Matt Hurst

In Psychology, the field of studying the way that the human mind interacts with the world around it, it is vital to the field that those who practice it are as diverse and well-traveled as those they serve. In this spirit it is important to uplift those who chose to break ground in this discipline, as unfortunately the field of psychology has not nearly been as accepting as it currently strives to be along the lines of race, sexuality and gender.

It is difficult to summarize the career of Beverly Greene without examining the times in which she came up. She was born in East Orange, NJ in 1950, being the eldest of the four children of Samuel and Thelma Greene. Samuel and Thelma were both born in the south, and being black Americans were unfortunately familiar with the outside dangers their experience wrought, and it is the environment her parents created that Ms. Greene credits for inspiring her twin interests in feminism and psychology.

She completed her undergraduate studies at New York University in 1973, and continued to build her career by continuing her studies in the educational psychology program at Marquette university. Her career was delayed however, when it was discovered that she was suffering from both a benign and malignant tumor. However, after extensive surgery removed both, she completed her master's degree in 1977, and then her doctorate in 1983 both at Adelphi University, being one of five students of color to graduate the school in the latter year.

Her studies, which span more than 100 psychological publications in literature deal extensively with the effects of racism, sexism and LGBTQ+-phobia on those who suffer under it. As an openly lesbian woman of color, her path was far from an easy one, but due to her diligence, hard work and determination, she carved out a path in the field, and did the vital work of giving a voice to those who at the time, severely lacked one. Her studies were also pioneering in the field of intersectionality, and how the combinations of one's identities are important to the psychological care they receive.

She currently is a professor in the Psychology department in St. John's university in Queens, New York. She recently won the American Psychological Association's 2023 Award for Outstanding Lifetime Contributions to Psychology, making it one of the 40 awards her nearly 100+ articles and 11 Books have earned her. Her work in bringing a voice to those who so seriously lacked one in the field of psychology has benefitted the field in a way that will continue to bear fruit for the discipline going forward.

Division 12 (Clinical Psychology) of the American Psychological Association (APA) recently interviewed Beverly Greene about her work and legacy. Check it out below!

[APA's Interview with Beverly Greene](#)

## Information and Resources on Racial Battle Fatigue

Racial battle fatigue (RBF) is a term used to describe the psychological toll experienced by members of marginalized racial and ethnic groups as a result of encounters with racism and discrimination. RBF can have many negative impacts on students, including increasing stress levels and depressive symptoms and lowering their perceived quality of life.

The Counseling Center at Minnesota State University, Mankato has created a resource that can be used to better understand RBF, as well as identify strategies that can be used to cope. Check it out below!

[How to Cope with Racial Trauma & Racial Battle Fatigue](#)

## Black LGBTQ+ Inclusivity in the Classroom

Navigating the intersectionality of being Black and queer in the classroom can be an intricate dance of identity and resilience. For students inhabiting both spaces, the challenges can be manifold. In a society where racial and LGBTQ+ identities are often marginalized or misunderstood, the classroom can become a battleground for acceptance and validation.

For Black queer students, the struggle encompasses both racial discrimination and homophobia, creating a unique set of obstacles to overcome. In the classroom, they may face microaggressions, stereotypes, and the erasure of their experiences, further complicating their sense of belonging and self-worth.

This podcast episode features Anica Steen, whose expertise as an Inclusive Early Childhood Education Scholar brings valuable insights and recommendations for how to foster greater inclusivity in the classroom.

[Check out the podcast!](#)

## Questions? Comments? Suggestions? Want to get involved?

[Let us know!](#)