

## SURVIVOR VITAE

Name: Steven M. Buechler  
Home: 952-975-0532  
Cell: 952-994-1933  
Email: [steve.buechler@mnsu.edu](mailto:steve.buechler@mnsu.edu)  
Website: <https://www.stevebuechlerauthor.com>  
Facebook: @SteveBuechlerAuthor  
Academic Vitae: <https://sbs.mnsu.edu/academics/sociology/about/faculty-and-staff/steve-buechler/>

### Disease History:

- 2016 Diagnosed with Acute Myeloid Leukemia; June 2016
- 2016 Induction Chemotherapy @ Methodist Hospital; June 2016
- 2016 Consolidation Chemotherapy @ Methodist Hospital; August 2016
- 2016 Double Umbilical Cord Blood Stem Cell Transplant @  
University of Minnesota Medical Center; October 2016

### Book:

- 2018 *How Steve became Ralph: A Cancer/Stem Cell Odyssey (with Jokes)*. Green Bay, Wisconsin: Written Dreams Publishing.

This memoir is a “Suggested Reading” on the Leukemia and Lymphoma’s website in the categories of “Inspiration” and “Living with Cancer.”

### Articles:

- 2020 “A Cancer Story: ‘As Good As It Gets.’” Posted at the “Taking Charge of Your Survivorship” website at <https://www.takingcharge.csh.umn.edu/survivorship/steve-buechler>
- 2020 “My AML Story.” Part of the “Inspirational Story” series on the Leukemia and Lymphoma Society website at <https://www.lls.org/someday-is-today/stories/steve-2>

- 2019 “My Transplant Odyssey.” *BMT News*, Vol. 4, Issue 1, P. 4. Minneapolis, MN: University of Minnesota Medical Center.
- 2018 “Storytelling as a Transplant Survivor Strategy.” Pp. 186-187 in *Blood and Marrow Transplant Journeys: Ordinary People with Extraordinary Stories*. Minneapolis, Minnesota: National Marrow Donor Program/Be the Match.
- 2018 “Survivor’s Quotation.” P. 43 in *Acute Myeloid Leukemia*. Fort Washington, Pennsylvania: National Comprehensive Cancer Network.

### **Blog Posts:**

All posts are at [www.stevebuechlerauthor.com/blog](http://www.stevebuechlerauthor.com/blog) and other sites as indicated.

- 2020 “How Cancer Prepared Me for a COVID-19 World.”  
<http://www.healthstorycollaborative.org>  
<https://bethematch.org>
- 2020 “On Recovering After a Stem Cell Transplant.”  
<https://bethematch.org>  
[powerfulpatients.org/blog/](http://powerfulpatients.org/blog/)
- 2020 “Becoming a Wounded Storyteller.”  
<http://www.healthstorycollaborative.org>
- 2019 “Facing Acute Myeloid Leukemia: Notes from a Survivor.”  
[powerfulpatients.org/blog/](http://powerfulpatients.org/blog/)
- 2019 “Surviving Cancer/Sustaining Self Part 2”  
[www.patientpower.info/blog](http://www.patientpower.info/blog)
- 2019 “Surviving Cancer/Sustaining Self Part I”  
[www.patientpower.info/blog](http://www.patientpower.info/blog)
- 2019 “Facing Chemotherapy.”  
[www.patientpower.info/blog](http://www.patientpower.info/blog)

The following posts are also at <http://ourmedbag.com>

- 2019 “Surviving Cancer/Sustaining Self VIII: Writing My Story”
- 2019 “Surviving Cancer/Sustaining Self VII: Medical Miracles & Luck”
- 2019 “Surviving Cancer/Sustaining Self VI: Privilege, Care, & Support”
- 2019 “Surviving Cancer/Sustaining Self V: A Secular Mindset”
- 2019 “Surviving Cancer/Sustaining Self IV: Humor”
- 2019 “Surviving Cancer/Sustaining Self III: Being Pro-active”
- 2019 “Surviving Cancer/Sustaining Self II: Physical Activity”
- 2019 “Surviving Cancer/Sustaining Self I: Mindfulness”
- 2019 “Who Survives Cancer ... and Why?”
- 2019 “Doctors as Detectives”
- 2019 “When is a Little Knowledge a Good Thing?”
- 2019 “On Patients and Emotional Labor.”
- 2019 “On Nurses and Emotional Labor.”
- 2019 “On Doctors and Emotional Labor.”
- 2019 “Facing Chemotherapy III: Your Own Worst Enemy.”
- 2019 “Facing Chemotherapy II: Wait for It.”
- 2019 “Facing Chemotherapy I: This Stuff Could Kill You.”
- 2018 “On Being a Hospital Virgin.”

### **Videos:**

Unless otherwise indicated, all webcasts are at <https://patientpower.info/bio/steve-buechler/>

- 2020 “AML Patient Story: I Know What It’s Like.” (3:36).
- 2020 “My ‘Be the Match’ Story” Pre-recorded remarks broadcast during Be the Match’s 2020 Virtual Gala Celebration, September 26, 2020. <https://youtu.be/qOZLE8yuMkY>. (1:10).
- 2020 “A Stem Cell Transplant Story Part 5: Daily Gratitude.” (8:38).
- 2020 “A Stem Cell Transplant Story Part 4: I’m a Survivor.” (9:22).
- 2020 “A Stem Cell Transplant Story Part 3: Signs of Progress.” (10:04).

- 2020 “A Stem Cell Transplant Story: Part 2: The Importance of Care Partners.” (10:34).
- 2020 “A Stem Cell Transplant Story: Part 1.” (11:01).
- 2020 “Managing Remission After Treatment for AML.” (Host; 39:09).
- 2020 “Mindfulness, Communication and Humor: Navigating Remission.” (6:20).
- 2020 “Navigating Acute Myeloid Leukemia: Diagnosis, Treatment and Supportive Care.” (32:24).
- 2020 “My Cancer Odyssey.” Televised interview with CBS affiliate WCCO, Minneapolis, MN. Broadcast date: January 10, 2020.  
<https://www.youtube.com/watch?v=IUfYUImyhJU>. (3:55).
- 2019 “Life with AML: Steve’s Diagnosis and Treatment Journey.” (11:05).
- 2019 “Emerging Research and Promising AML Treatment Approaches.” (53:49).

### **Presentations, Panels and Appearances:**

- 2021 “My Cancer Odyssey: Reflections from a Survivor.” Talk to Stillwater Multiple Myeloma Support Group. May 12, 2021.
- 2021 BMT Infonet Virtual Symposium. Celebrating a Second Chance at Life Survivorship. Group leader for a writing workshop. April 23, 2021.
- 2021 “16<sup>th</sup> Annual Cancer Survivorship Conference.” At this virtual conference sponsored by the Masonic Cancer Center of the University of Minnesota, Book Exhibitor and Signing. April 17, 2021.
- 2021 “Surviving Leukemia, Sustaining Self, Narrating Illness: An Autoethnography of Cancerland.” 2021 Health and Biomedical

Sciences Summit Virtual Conference. Minnesota State, Mankato.  
March 24, 2021.

- 2021 “Surviving Leukemia, Sustaining Self, and Emotional Labor: An Autoethnography of Cancerland.” Midwest Sociological Society Annual Meeting (virtual). March 21, 2021.
- 2021 “Why I Became a Legacy Donor.” Pre-recorded remarks for a Be the Match webinar on planned giving. February 17, 2021.
- 2021 “Facing Acute Myeloid Leukemia: Notes from a Survivor.” Talk to Leslie Darmofal’s nursing students in Physiological Integrity III class at Minnesota State University, Mankato. February 11, 2021.
- 2021 “So What’s Your Story?” The Healing Power of Storytelling.” Educational class taught virtually at Gilda’s Club of the Twin Cities. January 19, 2021.
- 2020 WISE (“Writing for Inspiration, Strength and Ease”) Study Teleconference for Community Advisory Board members, November 12, 2019.
- 2020 “My Cancerland Odyssey.” Talk to Leslie Darmofal’s nursing students in Physiological Integrity III class at Minnesota State University, Mankato. October 28, 2020.
- 2020 “My ‘Be the Match’ Story” Pre-recorded remarks broadcast during Be the Match’s 2020 Virtual Gala Celebration, Available at <https://youtu.be/qOZLE8yuMkY>. September 26, 2020.
- 2020 “Managing Stress: Tips from a Cancer Survivor.” Interview with Thrivors Cancer Care Companion Newsletter, June edition, distributed through Amgen Oncology’s network. July 21, 2020.
- 2020 “My Cancerland Odyssey ... or How Nurses Became Some of My Favorite People.” Talk at Methodist Hospital Nursing Grand Rounds. Available at <https://vimeo.com/447126601/0116ccdb3d>. July 15, 2020.

- 2020 My memoir “How Steve Became Ralph: A Cancer/Stem Cell Odyssey (with Jokes)” was added to the Leukemia & Lymphoma Society’s list of suggested readings under the categories “Inspiration” and “Living with Cancer.” June 5, 2020.
- (2020) “Experiential Cancer Stories: Notes on What Patients Need to Hear from Someone Who’s “Been There and Done That.” Society for Behavioral Medicine annual meeting, San Francisco, CA, April 4, 2020. **Update:** this conference was **cancelled** but Steve’s paper is available upon request.
- 2020 “AML Survivor Makes Planned Gifts to Organizations That Saved His Life.” Published interview in “Cures for Tomorrow,” Be the Match’s spring 2020 Planned Giving newsletter. March 24, 2020.
- 2020 “So What’s Your Story? How Telling Our Cancer Stories Can Help Us Cope, Heal and Thrive.” Educational Class taught virtually at Gilda’s Club of the Twin Cities, St. Louis Park, Minnesota. March 24, 2020.
- 2020 WISE (“Writing for Inspiration, Strength and Ease”) Study Teleconference for Community Advisory Board Members. March 19, 2020.
- 2019 “My Transplant Experience ... or How Ralph and I Became Inseparable Buddies.” Talk on “World Cord Blood Day” at Be the Match National Headquarters, Minneapolis, MN November 15, 2019.
- 2019 “Facing Acute Myeloid Leukemia: Notes from a Survivor.” Golden K Kiwanis Club of Roseville, MN, November 12, 2019.
- 2019 “Surviving Cancer and Sustaining Self: A Cancerland Odyssey.” Talk to Leslie Darmofal’s nursing students in Physiological Integrity III class at Minnesota State University, Mankato. October 24, 2019.
- 2019 “Surviving Leukemia, Sustaining Self, Narrating Illness: An Autoethnography of Cancerland.” Plenary Session,

Sociologists of Minnesota annual meeting, Minnesota State University-Mankato, October 10, 2019.

- 2019 “Surviving Cancer and Sustaining Self: A Cancerland Odyssey.” Presentation to the President and Administrative Staff of Park Nicollet Methodist Hospital in St. Louis Park, MN, October 2, 2019.
- 2019 “Facing Acute Myeloid Leukemia: Notes from a Survivor.” Presentation to Spectrum Financial Group Clients; Crave Restaurant, Eden Prairie, MN, September 21, 2019.
- 2019 WISE (“Writing for Inspiration, Strength and Ease”) Study Teleconference for Community Advisory Board members, September 9, 2019.
- 2019 “Marrow on the Move” 4<sup>th</sup> annual fundraiser for the University of Minnesota Medical Center Blood and Marrow Transplant Unit, Lake Nokomis, Exhibitor/Book sale and signing. Minneapolis, MN; July 27, 2019.
- 2019 WISE (“Writing for Inspiration, Strength and Ease”) Study Conference for Community Advisory Board Members, Georgetown University, Washington D. C.; May 14, 2019.
- 2018 “Surviving Acute Myeloid Leukemia with a Stem Cell Transplant.” Panelist, Blood and Marrow Transplant Panel, Masonic Cancer Center 13<sup>th</sup> Annual Cancer Survivorship Conference, Minneapolis, MN; May 5, 2018.
- 2018 “Narrating Illness: A Cancer/Stem Cell Odyssey.” Presenter, Midwest Sociological Society meetings, Minneapolis, MN; March 23, 2018.
- 2017 “My Transplant Experience on the BMT Unit.” Keynote Address, Marrow on the Move Fundraiser, U. of Minnesota Medical Center Blood and Marrow Transplant Unit, Minneapolis, MN; July 29, 2017.
- 2017 “The Role of Mindfulness in Navigating Illness.”

Teleconference talk for Cigna sponsored Conference on Physician Leadership Development Program; July 18, 2017.

**Service Activities:**

- 2020- Patient Power Advisory Panel, Member.
- 2020- Imerman Angels, “Mentor Angel” providing phone support to newly diagnosed patients.
- 2020- BMT Infonet Caring Connections Program, Patient Counselor providing phone support to newly diagnosed patients.
- 2020 Volunteer Ambassador, Be the Match, Minneapolis, MN.
- 2019- Mentor in Teen Writing Workshop on Dealing with Cancer,  
2020 Gilda’s Club Twin Cities, Minneapolis, MN.
- 2019- Wise Study (Writing for Insight, Strength and Ease), funded by the  
2023 National Cancer Institute at Georgetown U. and Hackensack U. Medical Center, community advisory board member.
- 2018- Park Nicollet Volunteer Services, in-person Patient Visitor  
present providing support to blood cancer patients, Methodist Hospital.
- 2018- Be the Match, in-person Patient Visitor providing support to  
present transplant patients, U. of Minnesota Medical Center BMT unit.
- 2018- Be the Match, Peer Connection Patient Counselor providing phone  
present support to newly diagnosed patients.
- 2018- Leukemia and Lymphoma Society First Connection Patient  
present Counselor providing phone support to newly diagnosed patients.
- 2017- Hope Lodge Transplant Support Group, BMT program, U. of  
present Minnesota Medical Center; participant at bimonthly meetings.
- 2017 Pen My Path, 6-week, Expressive Writing Workshop sponsored by the Leukemia and Lymphoma Society, participant.



## References:

- Dr. Rachel Lerner            Hematology and Oncology, Park Nicollet Frauenshuh Cancer Center, 3931 Louisiana Avenue S., St. Louis Park, MN 55426; 952-993-3248.
- Dr. Shernan Holtan        Associate Professor of Medicine, Division of Hematology, Oncology and Transplantation, 420 Delaware Street SE, MMC 480, Minneapolis, MN 55455; 612-625-8942.
- Andrea O'Hern             Assistant Nurse Manager, Park Nicollet Methodist Hospital, 6500 Excelsior Blvd., St. Louis Park, MN 55436; 952-993-6711.
- Sasha Skendzel            Nurse Practitioner, Blood and Marrow Transplant Clinic, Clinics and Surgery Center, 909 Fulton St. SE Minneapolis, MN 55455; 612-673-2800.
- Janet Stark                Chaplain, Spiritual Care Department, Park Nicollet Methodist Hospital, 6500 Excelsior Blvd., St. Louis Park, MN 55426; 952-993-6867.
- Nicole Ullman             Clinical Social Worker, Blood and Marrow Transplant Program, University of Minnesota Medical Center, 420 Delaware St. SE MMC 803, Minneapolis, MN 55455; 612-273-2800.